



Maine Outdoors Recommends

Places to Eat that we frequent and like

- McLoons Lobster Shack
315 Island Rd.
Spruce Head, ME.04858
207-593-1382
<https://mcloonslobsters.com>

A family-owned lobster shack located across from the area's oldest working lobster wharf. Along with the great harbor scenery and sunsets, McLoons offers fresh lobster rolls, lobster dinners, and local oysters, along with homemade soups and chowders. Non-seafood lovers can find something good, too. Boaters are welcome. Recently voted "Best Hidden Lobster Shack" by Yankee Magazine.

- Sterlingtown Public House
289 Common Rd.
Union, ME. 04862
207) 785 -0037
sterlingtownpublichouse.com/

A casual café with home- style food and a selection of wine and brews. With 6 changing draft lines and over 60 different bottled beers, including microbrews, gluten-free beers, and ciders, the Badger has been included in several publications about beer. Since they rely on locally-sourced providers, they say, "We're local, we're friendly, and we love our midcoast community."

- Primo
2 Main St.
Rockland, ME. 04841
207-596-0770
www.primorestaurant.com

Their website states, "Refined dining-- the ultimate farm to table experience." Primo's sustainable farm produces their vegetables, livestock, and flowers. Gourmet Italian cooking is served in a variety of spaces. Primo receives acclaim from foodies for upscale creative and delicious dining.

- Station 118
118 Main Street
Thomaston, Maine
04861. 207-593-8208
station118.com/

House smoked BBQ, fresh local seafood, vegetarian options, and more. Station 118 offers a unique dining experience with both indoor and outdoor seating occupying a converted 1930's gas station along US Route 1 in Thomaston, Maine!

- Rockland Café 207-596-7556
rocklandcafe.com
441 Main St.
Rockland, ME. 04841

Rockland Cafe is a popular family-style diner/ restaurant serving breakfast, lunch and dinner, seven days a week. Famous for the size of its breakfasts. Menu offerings range from choice seafoods and "all you can eat seafood" specials to classic liver and onions. Their saying is: "Come as a stranger, and leave as a friend."

- Ka Chai Thai Street Food (207) 354-5152
kachaithaistreetfood.com/
444 Main Street
Thomaston, ME 04861

What you choose to eat has profound effects on your overall health. With a medical background and strong culinary experience, Ka-Chai is offering a collection of ethnic Thai Asian food with a common theme -- healthy (fresh herbs and spices, well-balanced"

- FlipSide Coffee (207) 354-5221
facebook.com/flipsidecoffeemaine
189 Main St.
Thomaston, ME 04861

One of my frequent stops for a late morning coffee or a burrito for lunch.

- Ancho Honey (207) 372-2111
anchohoney.com/
6 Wallston Road
Tenants Harbor, ME 04860

With an eye toward global influences, Ancho Honey serves an ever-changing variety of quick, heat-at-home comfort food and to-go specials. One of our wintertime favorites for lunches that we take out and eat along the shore looking out over the bay.